



# SOWMIYA .P

## Food Technologist

To gain a dynamic and challenging role in the area of food technology that will offer me the opportunity for further development of my ability, skills and knowledge in an established firm with long term career growth possibilities.

### PERSONAL INFO.

Address: 2/235, West st.,  
Ammayappan, Thiruvarur –  
613701

Marital status - Unmarried  
Nationality - Indian  
DOB - 12.03.2003  
Gender - Female

### CONTACT

PHONE:  
8072099041

EMAIL:  
Sowmiyaa312@gmail.com

### SKILLS

1. Communication
2. Problem solving
3. Interpersonal communication
4. Leadership

### Computer Knowledge

1. Microsoft word
2. Microsoft presentation.

### LANGUAGES KNOWN

1. Tamil
2. English

### EDUCATION

#### SSLC – 92.2%

2018 – Swami Dayananda Matric Hr.  
Sec. School Thiruvarur.

#### HSC – 78.66%

2020 - Swami Dayananda Matric Hr. Sec. School,  
Thiruvarur

#### Under Graduate

B.Tech Food technology – Final year (2025)  
College of Food and Dairy Technology, Chennai – 52

#### INTERNSHIP

The Thanjavur district cooperative milk producer's union  
– Aavin  
For period of 15 days – May 2023

#### EXTERNSHIP

Module: Food Ingredients From Agricultural Processing  
and Food Industry By-Products.

**Prince of Songkla University,**  
Hat Yai, Thailand.

From Nov 22 (2023) – Dec 22 (2023)

#### INTERNSHIP – Student intern

Research & Development Intern,  
M/s Jaykas Food Pvt. Ltd – Bangalore.  
From Oct 1 2024 – Jan 06 2025

#### CERTIFICATES

1. Bakery Products Training – Mar 2023  
Central Palmgur & Palm Products, Chennai

## STUDENT PROJECT ON

Development of antioxidant rich edible film incorporated with grapeseed extract to extend the shelf life of paneer.

2. Fruits &Vegetables Processing Training – Jul 2023  
Central Palmgur &Palm Products, Chennai
3. Food Packaging and Regulatory Requirements – Aug 2023  
Indian Institute of Packaging, Chennai
4. Industrial Automation using PLC & SCADA – Aug 2023  
IPCSGLOBAL, Chennai
5. Food Labelling and Packaging regulations of FSSAI – Sep 2023  
Foodkida
6. Energy Audit – Sep 2023  
National Productivity Council, Chennai
7. foSTaC Certification – Mar 2024  
Advance Manufacturing & COVID with Special Focus on Milk and Milk Products.

## ACHIEVEMENTS

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- **Poster Presentation** on 'Probiotic Drink Beverage from Banana Leaf and Flower' in the **International Conference on Innovations In Food And Beverage Technology For Sustainable Future** conducted by College of Food and Dairy Technology, Chennai - 52.
- **Poster Presentation** on the topic 'Gluten-Free Millet Wafers" in the **National Conference Cum Workshop on Millets as a Nutritional Paradigm in ensuring Food Security** held at College of Food and Dairy Technology, Chennai - 52.
- **Millet cuisine competition** – Secured 2nd prize held at **National conference cum Workshop on “Millets as a Nutritional paradigm in ensuring Food Security”** held in CFDT, Chennai -52.
- **Poster Presentation** on the topic ' Banana Stem Packaging: Sustainable and Biodegradable Solution for Food and Beverage Delivery' in the **National Conference on VET-SPARKS 2024** and selected for seed fund support under EDII - Pre incubation Concept and awarded with Rs.10000/-.

## DECLARATION

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I hereby declare that the abovementioned information is true to best of my knowledge and belief.

